

Camp Talooli – Family Camp

Informational Letter



Dear Family:

WELCOME – Families can enjoy all the fun of summer camp during our Family Camp Weekends! Our staff will lead and supervise camp activities and provide well-balanced meals for your family to enjoy.

HEALTH AND WELLNESS – A health history is required for all families. Any medication you or your child may need must be listed on the health form and dispensed by the parent/guardian according to the doctor's written directions. Camp Talooli will not be responsible for dispensing individual medications. Please complete and return the attached Health History form prior to the Family Camp Weekend.

GRATUITIES – The camp policy prohibits monetary and expensive gifts to camp personnel.

BILLING – Payment is due at the time of registration. The fee is \$20/adult, \$15/child (ages 2-15), and children under 2 years are free. This includes all meals, snacks, and programming.

PERSONAL DATA – Our policy is that all personal information including data and records, medical information, evaluations and photographs will be kept confidential unless we have written permission for release. Camp Talooli is a full-service camp serving children and families in Central New York without regard to race, color, creed, sex, socioeconomic status, national origin, orientation, or disability.

DO NOT BRING – Valuables, drugs, alcohol, axes, hatchets, animals, personal sports equipment, and/or anything that could be considered a weapon. We also cannot be responsible for replacing lost belongings.

FAMILY CAMP SPECIFICS

ARRIVAL – You should plan to arrive at Camp Talooli no earlier than 7:00pm on Friday. Families provide their own transportation to camp. Upon arrival, we will give you your cabin assignment and you will have time to settle into your cabin. Snack will be available Friday evening while we orient you to the weekend's schedule.

WHAT TO BRING – You will need to bring the following items: 2 days of clothing (there is no laundry), toothbrush, toothpaste, flashlight, extra batteries, towels, washcloth, soap, shampoo, shower shoes, fitted twin sheet, sleeping bag or blankets, rain gear, sneakers, pillow, insect repellent. You may also choose to bring books and/or games. There are shower houses available for families to use throughout the weekend. Shower schedule will be on a first come first serve bases.

MEALS – Camp will provide meals and snacks during the weekend starting with Saturday breakfast. You are welcome to bring your own snacks from home, but do not leave food in your cabin as we strive to prevent critters from entering cabins.

SLEEPING ACCOMODATIONS – Families will be assigned a cabin in one of our 5 cabin sites. If you would like to share a cabin with another family or have cabins in the same site, please note that on your application. We do not take cabin requests, as families are placed in certain cabins based on family size and availability.

DEPARTURE – We will wrap up Family Camp on Sunday morning after breakfast, around 10:00am.

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Sample Schedule & Menu



The following is a **sample schedule**. We will provide you with a weekend-specific itinerary when you arrive for Family Camp. Certain activities are season-specific, like pumpkin carving in the fall and swimming in the summer. Families choose to participate in activities as they are offered, or relax around camp or in their cabin

SAMPLE SCHEDULE	
Friday	
7:00 – 8:15 pm	Arrive, check-in and get settled into your cabin.
8:15 – 9:00 pm	Snack and Welcome Orientation in Duff Dining Hall
Saturday	
8:00 am	Breakfast
9:00 am – 12:00 pm	<u>Activity Period #1:</u> <ul style="list-style-type: none"> - Boating and Fishing - Archery - Campfire Cooking (11:00 – 12:00)
12:00 pm	Lunch in Duff Dining Hall
1:00 – 2:30 pm	<u>Activity Period #2:</u> <ul style="list-style-type: none"> - Challenge Course - Boating and Fishing
2:30 – 4:30 pm	<u>Activity Period #3:</u> <ul style="list-style-type: none"> - Hike (2:30-3:30) - Family craft project (pumpkin carving)
5:00 pm	Dinner in Duff Dining Hall
8:00 pm	Campfire and Snack
Sunday	
8:00 am	Breakfast in Duff Dining Hall
9:00 – 10:00 am	Clean-up and check-out

The following is a **sample menu**. We can accommodate many dietary restrictions (e.g. allergies, vegetarian, gluten free) if we know ahead of time.

SAMPLE MENU	
Friday	
Snack	Brownies and Milk
Saturday	
Breakfast	Pancakes, sausage, cereal, yogurt, coffee, and juice
Lunch	Wrap Sandwiches (ham & turkey), PBJ, chips, and fruit
Dinner	Hamburgers, hotdogs, salt potatoes, and salad
Snack	Cake
Sunday	
Breakfast	Breakfast sandwiches, cereal, oatmeal, yogurt, coffee, and juice

If you have any further questions, please feel free to contact our office at (315) 934-4051 or Kelly at kelly@camptalooli.org. Also, follow us on Facebook!

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Family Health History, page #1



The information on this form is not part of the family acceptance process, but gathered to assist us in identifying appropriate care. This form is to be filled in by parents/guardians of minors and by adult participants.

First Adult Name _____ Birth Date _____

Second Adult Name _____ Birth Date _____

Family address _____

Family Phone Number _____ Cell Number _____

Email _____

First Child Name _____

Birth Date: _____ Gender: male female Age at Camp: _____

Second Child Name _____

Birth Date: _____ Gender: male female Age at Camp: _____

Third Child Name _____

Birth Date: _____ Gender: male female Age at Camp: _____

Fourth Child Name _____

Birth Date: _____ Gender: male female Age at Camp: _____

Fifth Child Name _____

Birth Date: _____ Gender: male female Age at Camp: _____

(Please use the back of this sheet or a separate page for additional family members)

Emergency Contact Name _____ Phone _____

Relationship to Family _____

Insurance Information

Are the participants covered by family medical/hospital insurance? _____ Yes _____ No

If yes, indicate carrier plan name _____ Group # _____

Carrier address _____

Name of insured _____ Relationship to participants _____

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Family Health History, page #2



Allergies and Physical Restrictions (Medication, insect stings, hay fever, animal dander, etc.): Please indicate below any allergies and restrictions placed on activities for each participant.

Dietary Restrictions (food allergies and limitations): Please list any food allergies or dietary restrictions for each participant. This includes participants that may be GLUTEN FREE or VEGETARIAN.

Additional Information: Please provide us with any other information regarding serious health conditions which may have a bearing on your participation in activities and which may pose a problem during your stay.

I agree to dispense any and all medications to myself and to my children attending Family Camp according to the doctor's instructions. If I do not dispense medications needed, or they are dispensed incorrectly, I will in no way hold Camp Talooli responsible.

Signature of Parent/Guardian _____ Date _____